

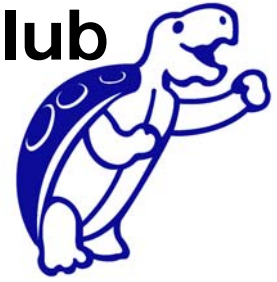
Manor Woods Swim Club

40th Anniversary

Volume 43 Number 1

Spring 2009

www.manor-woods.com



A Note From the President

While the weather is only now beginning to thaw after another cold winter, I already look forward to another summer at Manor Woods. My mind can't help but drift to thoughts of spending time with friends and family at the pool. This year the membership dues were increased by \$20. The board made this change in full recognition that these are troubling financial times. However, operating expenses have increased and several improvements have been made to the pool and the grounds during the last two years. Because of a strong financial position, we were able to pay for these improvements, which cost approximately \$75,000, without levying a special assessment on the membership or borrowing funds. The improvements made include:

- *Both the baby and the main pools have been resurfaced with new white-coats.*
- *New tiles have been installed at the waterline in both pools.*
- *New lamps have been installed around the pool.*
- *The parking lot has been resurfaced and re-stripped.*
- *Dual drains and anti-entrapment drain covers have been installed in both pools to make them safer.*
- *Portions of the buildings' exterior siding have been replaced.*
- *A new hot water heater has been installed.*
- *A new wood fence has been installed around the pool*
- *The club house has been refurbished*
- *Approximately 500 feet of cracks in the deck that surrounds the pool have been repaired to prolong the life of the pool deck*

While these improvements improve the quality of life at the pool and prolong the life of the pool and its grounds, the board foresees many other major expenses over the horizon associated with maintaining a 40-year-old-pool. It is for that reason, and the continually increasing cost of doing business, that the board raised the dues. However, even with this increase, Manor Woods Swim Club remains one of the least expensive pools in Montgomery County.

I look forward to seeing you at the pool!

Respectfully,

Morgan Hurley

URGENT – BY LAW VOTE NEEDED WITHIN 14 DAYS! Ballot information at the end of this newsletter.

Rules and Regulations

A complete listing of Manor Woods rules and regulations is posted on the pool bulletin board as well as at <http://www.manor-woods.com/rules.htm>.



Pool Opens Saturday May 23 !

Permanent Member Dues, Fees and Penalties

- **Notice** – Dues for the 2009 season are \$330 and are due on or before May 1, 2009. Mail payment to Manor Woods Swim Club, Inc., PO Box 627, Rockville, MD 20848-0627,
- **Late Payment** subjects you to a penalty of \$25.
- **Release Fee** is \$35 and is due by May 1, 2009
- **Late Release** is subject to the penalty of \$25.
- **Want to sell your membership?** Contact Gina Kitsoulis, membership@manor-woods.com
- **On-line payment Available.** See page 5 for details.

Waiting List Members (Summer Members)

Dues of \$405.00 are due on or before May 1, 2009. If available spaces do not meet demand, dues payments will be accepted in the order in which they are received. Postmarks will be honored, and there will be no exceptions.

I.D. Pictures and Sticker Dates

Saturday, May 9, 2009

(11 am-4 pm)

Saturday, May 16, 2009

(11 am-4 pm)

Sunday, May 17, 2009

(1 –5 pm)

Make-up, Wed., May 20, 2009

(7-9 pm)

- Permanent members will be issued new stickers on these dates and do not need new pictures.
- Summer members must have their pictures taken on one of these dates.
- If you want a new picture or need to replace a lost card, a \$1.00 service charge will be assessed.
- If you cannot make any of these dates, you **MUST** notify Greg Gage at (301) 871-3129. Failure to do so will result in a make-up fee of \$5.00 for each card.

10 Reasons to Join the Pool

1 Costs less than one week's vacation	6 Three months vacation as opposed to one week
2 Kids will make life time memories	7 Swim & Dive team is great fun
3 Adults create new friends at the pool	8 Have fun with your family after work
4 Family Day!	9 Adult social nights
5 Swimming, diving, basketball & horseshoes	10 Free showers!

Manor Woods Pool Beautification Weekend

May 16th, 11 am to 4 pm and rain date, May 17th, 1-5 pm!

All members are encouraged to attend and assist with a variety of landscaping projects around the pool. Jobs include trimming, planting, mulching, and cleanup. (Bring your own rakes, gardening tools, etc) No experience necessary! Bring something to grill and stay for lunch. Come make your pool beautiful! Families who volunteer will receive a 6-punch guest pass for Summer, 2009. For more information and/or to volunteer, contact Don English DEnglish@FS.fed.us or at (301) 603-8015 or Eileen Boyd eboyd613@verizon.net or at (301) 871-7745.

Manor Woods 40th Anniversary Celebration

June 20th (10am – 4pm)

Come early to watch our first home swim meet and stay for a Manor Woods Family Pot-Luck Picnic. Bring your own picnic basket and a side dish to share. Or you can buy food at the snack bar ! If you would like to be on the invitation list; have old pictures; or know someone who would, please email Jude DeSando

Lozupone at Lozupone2000@yahoo.com.

Rules and Regulations

A complete listing of Manor Woods rules and regulations is posted on the pool bulletin board as well as at <http://www.manor-woods.com/rules.htm>.



2009 General Information

Pool Hours

The pool opens May 23, 2009 at 11:00 AM.

- **Weekdays** 4 to 8 pm (till June 16)
- **Weekdays** 11 am to 9 pm (starting June 17)
- **Saturdays** 11 am to 9 pm
- **Sundays and Holidays** Noon to 8 pm
- **August 25 - 28, & August 31 – September 4** - 4 to 8 pm

Exception: If there is a home swim team meet on Saturday, the pool will open at noon or as soon as the meet is over and the pool is made ready for opening by the staff.

Guest Fees:

- Adults (16 & over) \$3.00 weekdays, \$5.00 Sundays & holidays
- Children (5 -15) \$3.00 any day

Note: Guests living within the Manor Woods boundary area are permitted on Wednesdays only. If you have any questions, please call the office @ (301) 460-0899.

Exception: In the event of a Wednesday home swim or dive meet, the in-area guest day will be extended to the following day (this will be the only adjustment to the Wednesday guest day policy.)

Punch 12 Guest Pass

Save two ways! Buy a Punch 12 guest card and get twelve admissions for the price of ten. The second savings is that the card is priced with a \$3 guest fee instead of the \$5 fee for adults on weekends. Enjoy the convenience and don't worry about fumbling around with cash when you bring your guests! All guest policies apply to the use of this card. You may buy the Punch 12 card at the gate or in advance by making your check payable to "MWSC" in the amount of \$30.00 per guest card. Please note your membership number on the check. Mail your check to: Morgan Hurley, 5217 Drake Terrace, Rockville, MD 20853. Your guest card will be waiting for you at the gate when the pool opens.

Swim Lessons

The members of our staff will once again offer lessons, both group and private for all ages. As soon as the schedule is ready, it will be posted on the bulletin board. If you have any questions, please call the office and the staff will answer them for you.

Adult Swim Lessons

See the Pool Bulletin Board in June.

Baby Pool Regulations

Children using the baby pool that are not yet "potty" trained must wear a rubber diaper cover over the child's diaper. The Montgomery County Health Department requires this non-water permeable barrier. Thanks for your cooperation.

Students

Volunteer service hours for graduation can be earned at Manor Woods. Volunteers are needed as swim meet aides, beautification/environmental aides and special project aides. Students need to take the initiative and find ways in which they can help under the supervision of adult Board and Swim/Dive Team Committee members.

Rules and Regulations

A complete listing of Manor Woods rules and regulations is posted on the pool bulletin board as well as at <http://www.manor-woods.com/rules.htm>.



Calendar of Events for the 2009 Pool Season

May

16 Swim Team parent meeting at Manor Woods pool (1:00 – 2:00 pm)

23 **POOL OPENS! 11:00 am**

Swim Team after-school practice begins, 3 lap lanes 3:15-6:00 pm until June 16

- 23-26 • Ages 13 & Up, 3:15 – 4:15 pm
- Ages 9-12, 4:15 – 5:15 pm
- Ages 8 and under, 5:15 – 6:00 pm

June

13 Swim Team Time Trials, 9 am – 12pm

16 **Teen Night, 6-10 pm**
Kids entering 6th grade with DJ!



17 First Swim Team morning practice
20 Swim "A" Meet Home against Carderock Springs

20 **Manor Woods 40th Anniversary Celebration, 10am – 4pm**



20 Swim and Dive Team "Lock In" 9pm - 9am
21 Dive meet 5pm
24 Swim "B" Meet @ Wheaton Woods
27 Swim "A" Meet @ Plantations
28 Dive Meet 5pm

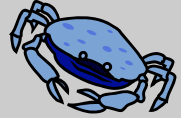
July

1 Swim "B" Meet Home against Washingtonian Woods
4 Swim "A" Meet @ Ashton
5 Dive Meet 5pm
8 Swim "B" Meet at Tanterra

July

11 Swim "A" Meet Home against Waters Landing with Senior Send Off

11 **Adult Crab Night, 6-10pm**



12 **Family Day, 12-4 pm**



12 Dive Meet 5pm
15 Swim "B" Meet Home against Rockville

18 Swim "A: Meet @ North Chevy Chase

19 Dive Meet 5pm

22 Swim "B" Meet Home against King Farm

23 Swim and Dive Team Breakfast 8am-11am

24 Dive Meet- Robin Hood Invitational
25 Swim Division Championship Meet @ TBD
25 Swim and Dive Team Banquet – 4:30 pm Wood Middle School
26 Dive Division Championship Meet
29-30 Diving All Star Championships

Aug

1 Swim All Stars Relay
2 Swim Individual All Star Meet
22 **Adult Raft Night, 6–10 pm**



Sept

7 **Pool Closes, 8 pm**

Family Day Sunday, July 12, 2009, 12-4 pm

Bring the whole family to Manor Woods for a day of fun and frolic in the sun!
FREE food and drinks, games and prizes for all ages.

Please note that the pool will close early on the following dates:

Wednesday July 1
Monday July 6

Saturday July 11
Wednesday July 15

Wednesday July 22
Saturday August 22

Rules and Regulations

A complete listing of Manor Woods rules and regulations is posted on the pool bulletin board as well as at <http://www.manor-woods.com/rules.htm>.



Manor Woods Swim Club's Board of Directors

Responsibility	Name	Telephone	E-mail	Term
President	Morgan Hurley	301-871-7430	President@manor-woods.com	2010
Vice-President	Judeth Lozupone	301-460-9523	Lozupone2000@yahoo.com	2012
Treasurer	Mike Rabenovets	301-460-6107	Rab14412@aol.com	2012
Secretary	Monica Welch	301-460-7470	Ww5land@aol.com	2010
Webmaster	Mike Egart	301-460-8757	Megart@associationresearch.com	2011
Newsletter	Nancy Kubasik	301-924-2983	Nkubasik@verizon.net	2011
Gate / Photos	Greg Gage	301-871-3129	Gbbjgag@comcast.net	2010
Operations	Don English	301-603-8015	Denglish@FS.fed.us	2012
Operations	Eileen Boyd	301-871-7745	Eboyd613@verizon.net	2012
Security	Mike Walker	301-460-3895	Mdwalker86@hotmail.com	2012
Social Committee	Eileen Dorsey	301-460-3393	Alleen1224@aol.com	2010
Family Day	Gina Dols	301-460-5652	GLDols@hotmail.com	2011
Membership	Mark Kitsoulis	301-871-8447	Mkitsoulis@msn.com	2010
Insurance/contracts	Lida Bartsch	301-871-2133	Bartsch4@verizon.net	2011
County Rep	John Greene	301-460-6580	Jgreene@NAHU.org	2011

Other Important Contacts

Membership	Gina Kitsoulis		Membership@manor-woods.com
A Swim Team Rep	Jean Crabtree	301-460-1648	Jlccrabtree@verizon.net
B Swim Team Rep	Liz Novatny	301-871-7430	Enovatny@verizon.net
Dive Team Rep	Jude Lozupone	301-460-9523	Jude.Loizupone@asg.com
Pool Manager	Canie Steele	301-831-9841	Cbsteelejr@aol.com
Pool Office Phone		301-460-0899	

Check Out Our Website!

www.manor-woods.com

Be sure to visit our Manor Woods Swim Club website for the latest information including pool operations, rules and regulations, pool events, swim and dive team, and membership. Additionally, during the swim and dive team season, the web site will be regularly updated with meet results.

On-line dues payment is available for permanent members' dues. Dues or release fee may be paid on-line. Payment may be made using any major credit card. Please note that a 3% service charge is added to cover administrative fees.

Rules and Regulations

A complete listing of Manor Woods rules and regulations is posted on the pool bulletin board as well as at <http://www.manor-woods.com/rules.htm>.



MANOR WOODS SWIM & DIVE TEAM - 2009

Registration and Swimmer & Diver Responsibility Forms can be found online at

www.manor-woods.com

Stay current on the latest swim and dive team happenings!

Join the Yahoo list-server by sending an email to:

manorwoodsswimteam-subscribe@yahoogroups.com

Welcome to the 2009 season of the Manor Woods Swim & Dive Team ! See the calendar on page 3 for the teams we are swimming against this summer. Diving opponents have not been announced as of the time of this printing but the meet schedule is also on page 3. Your dedicated committee has been meeting throughout the year to prepare for this new season. Here is the committee:

A Rep	Jean Crabtree	Treasurer	Carol Jones
B Rep	Liz Novatny	Officials	Doug Noll
Dive Rep	Jude Lozupone	Social Events	Steve Kubasik
Pre-Team Rep	Annmarie Edwards		

SWIMMING

We are happy to have our great coaches from last year returning this summer. Raienne South heads the coaching staff with Assistant Coach Maura Roddy, Pre-team Coach Brendan Roddy, and Junior Coach Paul Kitsoulis. Stay tuned for information on some new coaching positions for young MW swimmers. We hope to develop talent into tomorrow's coaches. Information will come via the listserve. **Be sure to attend the parent meeting May 16, 1pm at the pool** to receive information, meet the coaching staff, and register your swimmer or diver for the season. Team suits will be available to purchase immediately following the meeting.

Information regarding the swim and dive teams can be found on the Manor Woods web page – www.manor-woods.com. Updates will be distributed via the Yahoo listserve, the website, and the bulletin board at the pool. There is no handbook. All information will be on these three resources, as well as an information sheet provided at the meeting and during the first week of practice. You are encouraged to join the listserve. You can do this by emailing Steve Kubasik at skubasik@verizon.net, or send an email to manorwoodsswimteam-subscribe@yahoogroups.com and ask to be added.

Swim Team Dues (make checks payable to *Manor Woods Swim Team*)

- \$75 for the first swimmer
- \$135 for two swimmers
- \$150 maximum per family

Preteam - \$40 for the first swimmer, \$35 for each additional swimmer.



To encourage new swim team members, children who were not registered for the swim team in the past year can join for only \$50 per swimmer. Last years pre-teamers qualify!

Swim Suit Sales (Linda Noll, 301-949-1756)

Suit sales will take place immediately following the parent meeting on May 16 at Manor Woods Pool.

Rules and Regulations

A complete listing of Manor Woods rules and regulations is posted on the pool bulletin board as well as at <http://www.manor-woods.com/rules.htm>.



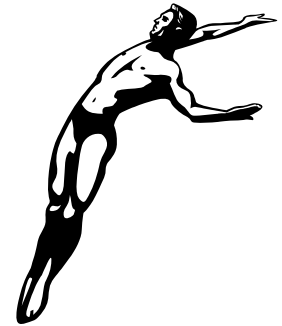
Swim Parents

Each family who registers a swimmer is expected to volunteer at a minimum of three meets throughout the season and to serve on one committee. It takes a large number of volunteers to make each meet run smoothly. Working for the team is a lot of fun and a great way to meet other parents, as well as see your swimmers up close! For a list of ways in which you can volunteer.

www.manor-woods.com/swimteamcommittees

Swim Officials

Manor Woods is in need of individuals who are interested in becoming Stroke and Turn Judges. Referee, Starter, and Stroke and Turn Judge require training and certification. The Montgomery County Swim League (MCSL) provides free training. Call Doug Noll for more information and directions to clinic sites at 301-949-1756. Check out the MCSL web site at www.mcsl.org



DIVING

Summer Diving is a fun learning experience for both competitive divers and those just looking to have fun. Manor Woods Dive Team welcomes children of all ages and skill levels; no previous diving experience is required. Manor Woods will be in Division II for the 2009 season. Diving practice will be held five days a week on Monday through Friday. Although we do not have a practice schedule yet, times will be established by age group and should be between the hours of 8–11am, and 6-7 pm for divers in day camp.

You can register for the Dive Team by mailing the registration form, which is located on the Manor Woods website, to Jude Lozupone using the address on the form. Suggestions are always welcome and volunteers needed to make this summer a fun experience for the kids.

Dive Team Goal

The goal of the Manor Woods Dive Team is to teach safe diving and promote good sportsmanship in a supervised and supportive environment. The team welcomes individuals with no prior experience as well as experienced divers. Beginning divers learn the basic front and back jumps and dives; returning and experienced divers may learn more complicated somersault, reverse, inward, and twisting dives.

The only requirements to join are:

- a willingness to learn
- a commitment to dive in our competitive meets
- parent commitment to work at three of the five dive meets based upon an advance sign up

All divers must be registered and insured (by payment of registration fees) before divers can participate in dive practices.

Dive Team Coaches for Summer 2009 are:

- Frank Lozupone, Head Coach
- Danielle Lukish, Assistant Coach

Jude Lozupone, Dive Team Representative (301) 460-9523.

Rules and Regulations

A complete listing of Manor Woods rules and regulations is posted on the pool bulletin board as well as at <http://www.manor-woods.com/rules.htm>.

Important Information Inside!

Read all about 2009 Dues Payment, Picture Days, Adult Social Activities,
Swim & Dive Team News and more!

MANOR WOODS SWIM CLUB, INC.

P.O. BOX 627

Twinbrook Station

Rockville, MD 20848-0627

PRST STD
US POSTAGE PAID

SUBURBAN, MD
PERMIT #4587

RETURN SERVICE REQUESTED

**URGENT – BYLAW CHANGE ATTACHED – VOTE NEED WITHIN 14
DAYS!!**

Payment for membership dues is now due. This is your official notice of dues

Rules and Regulations

A complete listing of Manor Woods rules and regulations is posted on the pool bulletin board as well as at <http://www.manor-woods.com/rules.htm>.

Special Insert for Permanent Members only !

In accordance with Article XII of the Bylaws of the Manor Woods Swim Club, Inc., an amendment to the bylaws is proposed that would correct two problems contained in the bylaws.

First, when the bylaws were written, it was assumed that Twinbrook Parkway would extend from Viers Mill Road uninterrupted to Norbeck Road. However, the northern terminus of Twinbrook Parkway is Baltimore Road. The bylaws are proposed to be amended by making the eastern boundary Twinbrook Road to a right on Baltimore Road, to a left on Norbeck Road, and finally to Avery Road (Avery Road is presently part of the eastern boundary.) Because the land that would be excluded from the membership boundaries is not occupied by any homes, this change would not affect any current or future pool members.

Second, in the mid-1990's the board of directors decided to expand the northern membership boundary to Avery Road and Muncaster Mill Road. This change was made for financial reasons in response to a decline in membership. The geographic boundary that the board established in the mid-1990s has been reflected on the pool's membership application since the change was made. However, it was never formally codified into the bylaws. This change would formally change the by-laws to conform to this long-established policy.

The Board of Directors recommends that you vote in favor of this proposed amendment. Since the bylaws require that ballots be returned within 15 days, please return your ballot by mail to Manor Woods Swim Club, Inc., PO Box 627, Rockville, MD 20848-0627 by **April 10, 2009.**

-----*Detach and Mail*-----

Proposed Amendment to the Bylaws of the Manor Woods Swim Club, Inc.

Amend Article III, Section 1 as follows:

ARTICLE III – MEMBERSHIP

Section 1. Geographical Area. Application for membership shall be limited to residents in that area beginning at the intersection of Avery Road and Norbeck Road and proceeding northeast along the south side of Avery Road to Muncaster Mill Road. Then southeast on the south side of Muncaster Mill Road until Norbeck Road. Continue then east along the south side of Norbeck Road to the west side of Georgia Avenue. Then south on Georgia Avenue to the north side to Aspen Hill Road and west on Aspen Hill Road to the east side of Viers Mills Road. Then north on Viers Mill Road to the south side of Twinbrook Parkway, and north-west on Twinbrook Parkway to Baltimore Road. Then north-east on Baltimore Road to Norbeck Road, and finally west on Norbeck road to the intersection of Avery Road.

____ I vote in favor of this amendment

____ I vote against this amendment

FOR PERMANENT MEMBERS ONLY!

Signature: _____

Name: _____ Member Number: _____

Please return your ballot by mail to Manor Woods Swim Club, Inc., PO Box 627, Rockville, MD 20848-0627 by **April 10, 2009.**